

2025 November

Find support throughout the family-building journey



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Kindbody ¹ can provide an adoption guide with detailed information on all things adoption.
2 Start with a family planning consultation to map the right route for your family, including how to choose an ethical adoption agency.	3 Receive unlimited support for pregnancy, childbirth, postpartum care, breastfeeding, and more from Ovia Health . ¹	4 Find support that aligns with advances in adoption medicine, attachment and bonding research, and more through Kindbody . ¹	5 Associate story: Walmart’s adoption reimbursement program helped James Bright’s family achieve their foster-to-adopt dreams.	6 Did you know? Walmart benefits can help eligible associates with the costs of fertility treatments, surrogacy, and adoption. ²	7 Navigating the adoption process and all related topics can be tricky. Kindbody can help. ¹	8 You may be able to leverage the federal Adoption Tax Credit to ease your family’s financial burden.
9 Video tip! Walmart benefits support many paths to parenthood, including fertility programs, surrogacy, and adoption.	10 Associate story: Oh baby! A parenthood dream comes true for Tyler and Chelsea with Kindbody’s fertility and family-building services.	11 Understand your family leave options when welcoming a new child into your home through birth, adoption, or surrogacy.	12 Kindbody provides coaching sessions and administrative support ¹ to help you prep for adoption requirements!	13 Kindbody ¹ offers support even after adoption, including pediatric, mental health, legal resources, and education.	14 Get help tracking your baby’s feedings, naps and diaper changes, and other milestones up to age 17, with Ovia Parenting ! ¹	15 Tip! Keep thorough records of adoption-related expenses. Save invoices, receipts, and mileage logs for taxes and reimbursement.
16 Thinking of growing your family? Build a budget and funding plan early for costs related to fertility care, birth, adoption, or surrogacy.	17 If adoption is part of your plan, explore which path is best for your family, such as private or public, domestic or intercountry.	18 Kindbody ¹ offers education on how to choose ethical providers and specialized legal counsel so you’re working with qualified professionals from the start.	19 Get the Ovia pregnancy app ¹ to connect with a nurse care manager to help you through every stage of your pregnancy.	20 Did you know? A Kindbody navigator can help you organize your receipts and documents to help you stay audit-ready at tax time. ¹	21 Foster-care adoption can be a great way to help a child while growing your family.	22 Associate story: Chaniece and Brittany grow their family with support from their coworkers and the Kindbody program.
23 From cycle tracking and pregnancy to perimenopause and menopause, associates have access to help with Ovia Health . ¹	24 Planning to adopt? Expect references, interviews, education, background checks, and a home safety review.	25 Build an adoption-friendly village of providers and peers. Your Walmart medical plan’s Health Care Advisor can help find providers. ¹	26 Baby in your future? Life with Baby ¹ gives you access to programs and benefits that support healthy pregnancies and healthy babies.	27 Adoption involves big emotions, so normalize ongoing support for your family.	28 After adoption placement, complete post-placement visits, court finalization, and any citizenship steps advised by your attorney/agency.	29 Did you know? Birth moms can be paid through the maternity benefit under short-term disability while they recover.

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Associates can access virtual doula care, education and pregnancy support resources through Kinddoula by Kindbody.¹ [Learn more.](#)

Scan the QR code or visit [One.Walmart.com/Wellbeing](#) for more ways to own your well-being

Your partners in starting or growing your family

Navigate your fertility and family-building journey with Kindbody,¹ part of Walmart’s Centers of Excellence program. [Find details.](#)

Ovia Health ¹ offers unlimited support along the family-building journey, from pregnancy to parenting your teenager. [Start today.](#)

Life with Baby ¹ gives you access to programs and resources that support healthy pregnancies and healthy babies. [Learn more.](#)

Get the “**Well-being Tip of the Day**” texted directly to your phone by our partners at myAgileLife. [Sign up here!](#)

1 For participants in the Premier PPO, Saver HSA, Contribution HRA, or Personalized Wellbeing Copay plans.

2 There is a lifetime limit of \$20,000 for qualifying fertility care expenses and a combined lifetime limit of \$20,000 for qualifying surrogacy and adoption expenses.